



**Updated October 2018**

## **Our mission**

Ridgeline Trust helps people with a variety of health conditions and disabilities to access the benefits of horticultural therapy through attending weekly sessions in a beautiful, accessible garden in Whiteknights Road, East Reading. We help people suffering the effects of mental illness and or physical disabilities, learning difficulties and other special needs to regain lost skills, learn new skills, improve social skills and environmental awareness, and to build confidence and self esteem.

Our values of inclusion, dignity, compassion and equity lie at the heart of Ridgeline's responsible planning and provision. Working with caring organisations and volunteers from the local community we aim to enhance the quality of life of our clients, to increase their contact with and knowledge of the natural environment, and to enable them to take a fuller part in community life.

## **Our commitment to equality**

The trustees lead and manage with commitment to equality, fairness and respect for clients, volunteers and employees. We all work together to ensure that no person is discriminated against on the grounds of their gender, gender reassignment, sexual orientation, marital status, race, ethnic origin, colour, nationality, disability, religion, belief or age. We monitor our volunteer participation and employee and trustee recruitment to ensure we are broadly representative of the local communities we serve.